

## **Counselling and Advocacy Services**

If you are deaf or hearing impaired please call 1800 550 660 for the National Relay Service.

For free interpreting services please contact 1300 575 847 or  
[tis.freeinterpreting@homeaffairs.gov.au](mailto:tis.freeinterpreting@homeaffairs.gov.au)

### **Counselling Services:**

The following are just some of the counselling services that you can access:

#### **1800RESPECT**

<https://www.1800respect.org.au/>

Call 1800 737 732

For an interpreter call 13 14 50

<https://www.scopeaust.org.au/contact-scope/>

#### **ADATABLE KIDS PSYCHOLOGY**

95 Douglas Parade, Williamstown, VIC 3016

Mob: 0424 740 110

[timna\\_dunn@hotmail.com](mailto:timna_dunn@hotmail.com)

Child psychologist

#### **ANDREW SCHRAM COUNSELLING**

<https://www.ascounselling.com.au/contact>

15 Cavell Street, Scoresby, Victoria 3179

0449 911 349

[ascounselling@iinet.net.au](mailto:ascounselling@iinet.net.au)

#### **BALANCED HEALTH PSYCHOLOGY & COUNSELLING**

<https://balancedhealthpsychology.com.au/>

1160 Toorak Road Camberwell 3124.

Mob. 0431 222 232

Enquiry form: <http://balancedhealthpsychology.com.au/home/contact-us/>

#### **BAYSIDE COUSELLING & CONSULTATION**

<https://baysidecounselling.com.au/>

Ph.0397810155

Multiple locations (Dandenong, Glen Waverly, Cranbourne, Berwick)

[info@baysidecounselling.com.au](mailto:info@baysidecounselling.com.au)

#### **BEYOND BLUE**

<https://www.beyondblue.org.au/about-us/contact-us>

1300 22 4636

#### **CLINICAL AND FORENSIC PSYCHOLOGY**

[www.barbara-lach.com](http://www.barbara-lach.com)

Mob: 0418 763 180

Unit 5, 539 Highett Rd, Highett, VIC 3190  
[barbara.maria.lach@gmail.com](mailto:barbara.maria.lach@gmail.com)  
Forensic Psychology

### **COUNSELLING SERVICES**

<https://counsellingworks.com.au/contact/>

1300 157 647

Suite 329/1 Queens Rd, Melbourne VIC 3004

[info@counsellingworks.com.au](mailto:info@counsellingworks.com.au)

### **DPV HEALTH**

<https://www.dpvhealth.org.au/all-services/mental-health/counselling-psychology-and-social-work-services/>

Various locations: <https://www.dpvhealth.org.au/contact-us/locations/>

Ph.1300 234 263 (select option 4)

Anyone over the age of 18 years residing or working in the cities of Hume or Whittlesea

### **DISABILITY COUNSELLING AND ADVOCACY SUPPORT**

<https://www.dss.gov.au/disability-and-carers/disability-counselling-and-advocacy-support>

National Counselling and Referral Service on 1800 421 468 (ask for counselling or advocacy support or ask to be connect to a counsellor or advocate near you). If you require an interpreter, please ask for one or call TIS National on 131 450 and ask to become connected to the National Counselling and Referral service. Indigenous-run support is available in some areas.

Fact sheets regarding Disability Counselling and Advocacy Support:

Braille and large print fact sheet:

- Send an email to [DRCsupports@dss.gov.au](mailto:DRCsupports@dss.gov.au)([link sends e-mail](#))([link sends e-mail](#)) with your name and address.

Indigenous Fact Sheet:

- <https://www.dss.gov.au/disability-and-carers-disability-royal-commission-support-services/disability-royal-commission-support-services-fact-sheet-indigenous>

### **GUISEPPINA WOLFRAM**

<https://www.josiewolfram.com.au/>

Mob: 0466 639 892

Suburb: Box Hill North

[www.josiewolfram.com.au](http://www.josiewolfram.com.au)

[enquiry@josiewolfram.com.au](mailto:enquiry@josiewolfram.com.au)

Intellectual disability and youth counselling

### **HEALTH ABILITY**

<https://healthability.org.au/services-support/health-and-wellbeing-services/counselling/>

917 Main Road

Eltham VIC 3095

9430 9100

[enquiries@healthability.org.au](mailto:enquiries@healthability.org.au)

**FOCUSSED HEALTH PSYCHOLOGY**

<http://www.focussedhealthpsych.com.au/>

Mob: 0438 535 990

Fax: 9845 2777

54 Railway Road

Blackburn Victoria 3130

[hello@focussedhealthpsych.com.au](mailto:hello@focussedhealthpsych.com.au)

Specialises in neurological diseases and chronic illnesses

**MELBOURNE COUNSELLING SERVICES**

<https://melbournecounsellingcentre.com.au/bookings/>

106 Canterbury Road,

Middle Park VIC 3205

1300 018 255

[anne@melbournecounsellingcentre.com.au](mailto:anne@melbournecounsellingcentre.com.au)

**Disability Advocacy Services:**

**ADEC (ACTION ON DISABILITY IN ETHNIC COMMUNITIES)**

[www.adec.org.au](http://www.adec.org.au)

175 Plenty Rd, Preston 3072

ph. 9480 7000 Toll Free 1800 626 078 fax: 9480 3444

email: [info@adec.org.au](mailto:info@adec.org.au)

**AMAZE (formerly Autism Victoria)**

[www.amaze.org.au](http://www.amaze.org.au)

24 Drummond St Carlton (PO Box 374 Carlton South VIC 3053)

Tel: 9657 1600 Info line 1300 308 699 Fax: 9639 4955

Email: [info@amaze.org.au](mailto:info@amaze.org.au)

NB: Info, counselling, family support and other services to people with autism/their families

**ASSOCIATION FOR CHILDREN WITH A DISABILITY - ACD**

[www.acd.org.au](http://www.acd.org.au)

Suite 2, 98 Morang Road, Hawthorn Victoria 3122

ph. 9818 2000 Toll Free 1800 654 013 fax 9818 2300

email: [mail@acd.org.au](mailto:mail@acd.org.au)

NB. Info., Advocacy & Support for families of children who have a disability

**BCA (BLIND CITIZENS AUSTRALIA)**

[www.bca.org.au](http://www.bca.org.au)

Lev. 3, Ross House, 247 Flinders Lane, Melbourne 3000

ph. 9654 1400 Toll Free 1800 033 660 fax. 9650 3200

email: [bca@bca.org.au](mailto:bca@bca.org.au)

NB. Info & individual advocacy support for people with sensory impairment

**COMMUNICATION RIGHTS AUSTRALIA - CAUS**

[www.caus.com.au](http://www.caus.com.au)

Unit 4, 3 Tuck St. Moorabbin (PO Box 292 Bentleigh 3204)  
ph. 9555 8552 Toll Free 1800 995 383 fax 9555 8550  
email: [info@caus.com.au](mailto:info@caus.com.au)

NB. Info & advocacy for people with disabilities who have speech or communication difficulties

### **DISABILITY DISCRIMINATION LEGAL SERVICE (DDLs)**

[www.communitylaw.org.au/ddls](http://www.communitylaw.org.au/ddls)

2nd Floor, Ross House 247 Flinders Lane, Melbourne 3000

Tel: 9654 8644 Free call 1300 882 872 TTY: 9654 6817 Fax: 9639 7422

Email: [info@ddls.org.au](mailto:info@ddls.org.au)

NB. Can provide advocacy, legal advice, training and community education on the Federal DDA.

### **DISABILITY JUSTICE ADVOCACY (DJA)**

[www.justadvocacy.com](http://www.justadvocacy.com)

2 /28A Albert Street Preston 3072

email: [info@justadvocacy.com](mailto:info@justadvocacy.com)

ph. 9474 0077 freecall 1800 808 126

NB. Provide advocacy for people with higher support needs

### **DISABILITY RESOURCES CENTRE (DRC)**

[www.drc.org.au](http://www.drc.org.au)

3rd Floor, Ross House 247 Flinders Lane, Melbourne 3000

Tel: 9671 3000 Fax: 9489 2988

Email: [advocacy@drc.org.au](mailto:advocacy@drc.org.au)

Outreach: 186 Foster St East, Dandenong

Tel: 9791 4870 Fax: 9792 1111

Email: [katrina@drc.org.au](mailto:katrina@drc.org.au)

NB. Information individual advocacy and support for adults with disabilities in Melbourne area

### **MIGRANT RESOURCE CENTRE (MRC)**

[www.mrcnorthwest.org.au](http://www.mrcnorthwest.org.au)

20 Victoria Crescent, St Albans 3021

Tel: 9367-6044 Fax: 9367-4344

Email: [mrcnw@mrcnorthwest.org.au](mailto:mrcnw@mrcnorthwest.org.au)

NB. Individual advocacy for people with a disability from CALD backgrounds

### **RIGHTS INFORMATION AND ADVOCACY CENTRE (RIAC)**

<https://riac.org.au/contact-us/>

03 5222 5499

[referrals@riac.org.au](mailto:referrals@riac.org.au)

You can also post to: PO BOX 1763 SHEPPARTON VIC 3630

### **SENIORS RIGHTS VICTORIA**

<https://seniorsrights.org.au/contact-us/>

1300 368 821 in order to report and receive information regarding elder abuse

Helps any Victorian aged 60 and above, or to any Indigenous Victorian aged 45 and above

**VALID (VIC. ADVOCACY LEAGUE FOR INDIVIDUALS WITH DISABILITY INC.)**

[www.valid.org.au](http://www.valid.org.au)

235 Napier St., Fitzroy 3065

ph. 9416 4003 Freecall 1800 655 570 fax. 9416 0850

email: [office@valid.org.au](mailto:office@valid.org.au)

NB. Provides advocacy support for adults with an intellectual disability across Victoria

**VICTORIAN MENTAL ILLNESS AWARENESS COUNCIL (VMIAC)**

[www.vmiac.org.au](http://www.vmiac.org.au)

Building 1, 22 Aintree St, Brunswick East VIC 3057

Tel: 9380 3900 Fax: 9388 1445

Email: [info@vmiac.org.au](mailto:info@vmiac.org.au)

NB. Individual advocacy and support for groups of people with emotional and/or mental difficulties

**WOMEN WITH DISABILITIES VICTORIA (WDV)**

[www.wdv.org.au](http://www.wdv.org.au)

Lev 9, 255 Bourke St.

(GPO Box 1160) Melbourne 3001

Tel: 9286 7800

Fax: 9663 7955

Email: [wdv@wdv.org.au](mailto:wdv@wdv.org.au)

NB. Systemic advocacy on behalf of women with disabilities

To find further disability support services in your local area such as counselling, advocacy, legal and financial services please click the following link and select your state:

<https://www.dss.gov.au/disability-and-carers-disability-royal-commission-support-services/find-disability-royal-commission-support-services-in-your-area>

Please note that the above list is not an exhaustive list advocacy and counselling services available. Each person with a disability requires tailored support and the supports they require may not be listed above, if this is the case please call us on 9465 0880 and we will find an alternative counselling and advocacy service.

**NDIS Commission**

- 1800 035 544 (free call from landlines)
- TTY 133 677. Interpreters can be arranged.
- [National Relay Service](#) and ask for 1800 035 544.
- Or you can go to their website and fill out a complaint form:

<https://www.ndiscommission.gov.au/>

