

Counselling and Advocacy Services

If you are deaf or hearing impaired, please call 1800 555 660 for the National Relay Service (NRS). For free interpreting services please contact 1300 575 847 or tis.freeinterpreting@homeaffairs.gov.au

Counselling Services:

The following is a list of some of the counselling services that you can access:

1800RESPECT

<https://www.1800respect.org.au/>

Call 1800 737 732

Text 0458 737 732

For an interpreter call 13 14 50

BEYOND BLUE

<https://www.beyondblue.org.au/>

03 9810 6100

Call a counsellor 1300 224 363

DISABILITY COUNSELLING AND ADVOCACY SUPPORT

<https://www.dss.gov.au/disability-and-carers/disability-counselling-and-advocacy-support>

National Counselling and Referral Service on 1800 421 468 (ask for counselling or advocacy support or ask to be connected to a counsellor or advocate near you). You can also email them via: ncrscounsellors@blueknot.org.au

You can contact this through the National Relay Service (NRS) through calling 133 677.

If you require an interpreter, please ask for one or call TIS National on 131 450 and ask to become connected to the National Counselling and Referral service.

Indigenous-run support is available in some areas.

Fact sheets regarding Disability Counselling and Advocacy Support:

Braille and large print fact sheet:

- Send an email to DRCsupports@dss.gov.au with your name and address.

Indigenous Fact Sheet:

- [Disability Royal Commission support services fact sheet - Indigenous | Department of Social Services, Australian Government \(dss.gov.au\)](#)

DVP HEALTH

www.dpvhealth.org.au/all-services/mental-health/counselling-psychology-and-social-work-services/

Call 1300 234 263 (selection option 4)

N.B Services available to anyone 18 and over residing and/or working in the cities of Hume and Whittlesea

GAYTON PSYCHOLOGY

<https://www.gaytonpsychology.com/>

Level 2/326 Keilor Road, Niddrie 3042

Call 0422 651 697

katherine@gaytonpsychology.com

GUISEPPINA WOLFRAM

<https://www.josiewolfram.com.au/>

Suite 601, 89 High St, Kew VIC 3101

Call 0466 639 892

enquiry@josiewolfram.com.au

MELBOURNE COUNCELLING SERVICES

<https://melbournecounsellingcentre.com.au/bookings/>

1300 018 255

anne@melbournecounsellingcentre.com.au

All appointment are now online only

AMAZE (formerly Autism Victoria)

www.amaze.org.au

24 Drummond St Carlton (PO Box 374 Carlton South VIC 3053)

Tel: 9657 1600 Info line 1300 308 699 Fax: 9639 4955

Email: info@amaze.org.au

NB: Info and resources to people with autism/their families

ASSOCIATION FOR CHILDREN WITH A DISABILITY - ACD

www.acd.org.au

Level 1, 587 Canterbury Road

Surrey Hills VIC 3127

ph. 9880 700 Regional 1800 654 013 Text 0475 577 997

email: mail@acd.org.au

NB. Info., Advocacy & Support for families of children who have a disability

BCA (BLIND CITIZENS AUSTRALIA)

www.bca.org.au

Lev. 3, Ross House, 247 Flinders Lane, Melbourne 3000

ph. 9654 1400 Toll Free 1800 033 660 fax. 9650 3200

email: bca@bca.org.au

NB. Info & individual advocacy support for people with sensory impairment

DISABILITY DISCRIMINATION LEGAL SERVICE (DDLS)

www.communitylaw.org.au/ddls

2nd Floor, Ross House 247 Flinders Lane, Melbourne 3000

Tel: 9654 8644 Free call 1300 882 872 TTY: 9654 6817 Fax: 9639 7422

Email: info@ddls.org.au

NB. Can provide advocacy, legal advice, training and community education on the Federal DDA.

DISABILITY JUSTICE ADVOCACY (DJA)

www.justadvocacy.com

2 /28A Albert Street Preston 3072

email: info@justadvocacy.com

ph. 9474 0077 freecall 1800 808 126

NB. Provide advocacy for people with higher support needs

DISABILITY RESOURCES CENTRE (DRC)

www.drc.org.au

3rd Floor, Ross House 247 Flinders Lane, Melbourne 3000

Tel: 9671 3000 Fax: 9489 2988

Email: advocacy@drc.org.au

NB. Information individual advocacy and support for adults with disabilities in Melbourne area

RIGHTS INFORMATION AND ADVOCACY CENTRE (RIAC)

<https://riac.org.au/contact-us/>

Call on 03 5222 5499

referrals@riac.org.au

You can also post to: Po Box 1763 Shepparton VIC 3630

SENIORS RIGHTS VICTORIA

<https://seniorsrights.org.au/contact-us/>

1300 368 821 in order to report and receive information regarding elder abuse Helps any Victorian aged 60 and above, or to any Indigenous Victorian aged 45 and above

VALID (VIC. ADVOCACY LEAGUE FOR INDIVIDUALS WITH DISABILITY INC.)

www.valid.org.au

34 Stanley street, Collingwood VIC 3066

ph. 9416 4003

email: info@valid.org.au

NB. Provides advocacy support for adults with an intellectual disability across Victoria VICTORIAN

VICTORIAN MENTAL ILLNESS AWARENESS COUNCIL (VMIAC)

www.vmiac.org.au

Level 3, 211 Chapel Street, Prahran VIC 3062

Tel: 9380 3900

Email: reception@vmiac.org.au

NB. Individual advocacy and support for groups of people with emotional and/or mental difficulties

Please note that the above list is not an exhaustive list advocacy and counselling services available.

Each person with a disability requires tailored support and the supports they require may not be listed above, if this is the case please call us on 9465 0880 and we will find an alternative counselling and advocacy service.

NDIS COMMISSION

- 1800 035 544 (free call from landlines)
- TTY 133 677. Interpreters can be arranged.
- National Relay Service and ask for 1800 035 544.
- Or you can go to their website and fill out a complaint form:
<https://www.ndiscommission.gov.au>
- You can also send an email here: contactcentre@ndiscommission.gov.au